

Inner Revolutionary Men Present:

Are You Sick of Yourself – Your Old Excuses and Ways of Being? If So, Who Do You Want to Be and How Can You Get There?

A Half-Day Workshop for Men, Available Live or via Videoconference

Okay, guys, when we're not defending ourselves to our wives, friends, bosses, family, customers and others,

- What do we see in ourselves that we'd like to shake off?
- What's stopping us?
- What can support us to create and discover a new us?
- Is it even possible, or are we dreaming?

Inner Revolutionary Men say we're not dreaming. In fact, it's time to come out of the dream we've been in, a dream where we are forever locked in a way of being that has become more habit than choice.

On Sunday, July 23rd, we are meeting to co-create an experience to liberate us. This workshop is being facilitated by Granny Rocks, formerly known as Beth Green, a woman who reinvents herself on a regular basis. It may seem weird that a woman is leading a men's retreat, but those who have worked with Granny Rocks recognize her special magic in helping us identify what gets in our way and supporting us to move on. Join us!

Available in person or via videoconference, come meet with us. And reach out and invite other men as well.

Inner Revolutionary Men is the men's group of TheInnerRevolution.Org, a nonprofit organization found online at: www.theinnerrevolution.org.

Please join us for this half-day retreat in North County San Diego or via the Internet!

**Sunday, July 23, 2017
10am-1pm**

This retreat will be held at a beautiful home in North County San Diego and online via internet videoconferencing.

The fee is \$145 in person or via internet videoconference. **Register and get location and videoconferencing directions via email after registering:** <http://bit.ly/innerrev>

Please bring snacks and plan to eat after the event. Please refrain from caffeine and sugar for the day.

This event will be facilitated by Beth Green, intuitive counselor, spiritual teacher and founder of TheInnerRevolution.Org. Anyone who attended the previous retreats can attest to the power of Beth's work. For more about Beth, check out <http://theinnerrevolution.org/>

For more information, directions and/or to reserve your space, contact **Richard Di Santo at (760) 518-8350** or richard@theinnerrevolution.org.

Learn more about The Men's Group:
<http://bit.ly/Inner-Rev-Men>