

# Are there Secrets to Successful Relationships?

## No, But There's Hard Work, Understanding & a Willingness to Change

**The Inner Revolutionary Relationships group has been working for years on improving ourselves, our relationships and our world.** We admit that it hasn't always been easy. We still get angry, defensive, contemptuous, scared, critical, hurt – the list goes on. And so do our friends, partners, co-workers, lovers, mates and relations.

But we have persevered, and we can honestly say that we have become more happy and fulfilled, and so have our relationship partners. And we keep growing in understanding, compassion, tools, processes and support. **We would like to share all this with you.** Most of us are in couples, but our tools and processes can be used by anyone who wants to improve a relationship of any kind.

At this upcoming workshop, we will continue the work of uplifting ourselves, our relationships and our world. You do not need to have attended any of our past events in order to benefit. Just bring yourself (and hopefully your friend, co-worker, partner, lover, mate or relation), and be prepared to get scrupulously honest with yourself, as well as honest with others, even if it's embarrassing. We've all been there.

We have a lot to offer, but we're not coming to "teach." Rather we are coming to share and to grow ourselves. Our workshop will be intuitively guided by TheInnerRevolution.Org founder Granny Rocks, otherwise known as Beth Green. With her insight, love and wit, you will find yourself laughing as you see yourself more clearly and find the space for a new beginning for yourself and your relationships.

November 19,  
2017

10am–1pm PT

In Person in  
San Diego, CA  
or Online from  
Anywhere

"An Inner Revolution is a revolution in our relationships. It is based on a shift from a narrow, ego-based view of the world (it's all about me or mine) to an ethic based on Oneness, Accountability and Mutual Support."

- Beth Green, a.k.a. Granny Rocks

**Join Us!** This retreat will be held at a beautiful home in North San Diego and online via internet videoconferencing and is \$320 per couple or \$160 for an individual. **Register and get location and videoconferencing directions via email after registering:** <http://bit.ly/innerrev>

Please bring snacks and plan to eat after the event. Please refrain from caffeine and sugar for the day. This event will be facilitated by Granny Rocks, a.k.a. Beth Green, intuitive counselor, spiritual teacher and founder of TheInnerRevolution.Org. Anyone who attended the previous retreats can attest to the power of Beth's work. For more about Beth, check out <http://theinnerrevolution.org/>

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