

# Changing Our World from the Inside Out.

## Join Us to See How!

**In Person in Eugene, Phoenix & San Diego. Or Online Anywhere!**

**O**ur society is brutal. We are brutal to ourselves, as we drive ourselves to compete and over-work. We are brutal to one another when we feel threatened or thwarted or when we have the chance to gain an advantage. Much of our play is brutal: extreme sports, violent games online and on the field. Our penal system and our political system are brutal. Our economic system is brutal, using us up mercilessly and doing the same to the environment. And sadly, many of our love songs are brutal, reducing one another to sex objects. **We are raised with the belief that this is normal and necessary. But it's not.**

Human beings need love and connection to thrive. We need a social safety network to reduce our stress. We need shorter work days and more time for play, creativity, socializing and regeneration. We need an economic system based on meeting the needs of people and the Earth. We need an educational system that nurtures our children's bodies and minds. We need clean air, clean water and healthy food. And we need to care for and love our earth.

We can't wait till we convince the "powers that be." We can start now. We can start treating ourselves differently, treating one another differently and treating our Earth differently. Young, old, sick or well, we can each have a part. Join us for a conversation where we look at how we are thinking and living. And we'll ask ourselves:

- What Do I Need?
- What Do I Have to Give?
- How Can We Share?

We at TheInnerRevolution.Org are fighting for a world that meets the needs of people and the Earth. Join us for our next conversation, where we face how we are hurting ourselves and one another and how we can change that NOW. This event will be led by TheInnerRevolution.Org founder Beth Green, also known as Granny Rocks: The Music & the Message.

Everyone is invited via videoconference, plus we'll be having several meetings in person, including in San Diego, Eugene, Phoenix and possibly more. Contact [helen@TheInnerRevolution.Org](mailto:helen@TheInnerRevolution.Org) to learn how to join online and where you can attend in person. Or visit <http://bit.ly/forachange2017> for more location details.

**Saturday, October 28,  
10 am—12 pm PST  
Multiple Locations in  
Person and Online**

